

# **Cantaloupe Information Sheet**

### **Purchasing Specifications**

Specifications should state grade, type, size, and quantity. Select an appropriate grade for the intended use. Cantaloupes should have well defined netting and have a light green to turning yellow rind color with bright orange flesh. No more than 12% should have defects that make cantaloupes unusable, and no more than 2% should be affected by decay. Sizing

Cantaloupes are sized according the umber packed in a 40 pound box. The most typical sizes/number per box are 9, 12, 15 and 18 - with the 9 being the largest individual size and 18 the smallest.

#### **U.S. Grades**

- U.S. Fancy Well-formed, well-netted with the highest requirement (11%) for internal quality.
- U.S. No. 1\* Well-formed, well-netted with a requirement of 9% for internal quality.
- U.S. Commercial No internal quality requirement.
- U.S. No. 2 No internal quality requirement.

**Internal quality requirement:** The combined juice from the edible portion of a sample of cantaloupes selected at random contains no less than 11% (U.S. Fancy) and 9% (U.S. No.1) soluble solids as determined by an approved hand refractometer.

\*U.S. No. 1 consists of cantaloupes of one type that are mature and have good internal quality but are not overripe, soft, or wilted. Cantaloupes are well-formed, well-netted, and free from decay, wet slip, and sunscald. Cantaloupes are free from damage caused by liquid in the seed cavity, sunburn, hail, dirt, surface mold or other disease, aphis or other insects, scars, cracks, sunken areas, ground spot, bruises, or mechanical or other means.

### Domestic Harvest

2, 3, 4: August - September 5, 6: July - October 7: June - September 8, 9: May - July 10: April - June



Check with your county or state Cooperative Extension Office for specific information regarding cantaloupe production in your area.







## Cantaloupe Information Sheet, continued

### **Receiving Guidelines**



**Desirable Characteristics** 



Acceptable Color and Shape



Acceptable Discoloration

### **Product Defects**



Mold

Bruise

• No other external defect should extend into the flesh.



Sunken Areas and Scars



Decay

### **Storing and Handling Guidelines**

- Store cantaloupes ideally at 36 to 41 °F with a relative humidity of 95%. Under these conditions, cantaloupes are acceptable for up to 3 weeks. Cantaloupes stored at refrigeration temperatures below 41 °F will have approximate shelf life of up to 5 days. Cantaloupe may be held in dry storage at temperatures below 75 °F for up to 2 days.
- Do not transport or store with ethylene gas sensitive products such as green leafy vegetables. Cantaloupes produce ethylene that may cause damage and reduce shelf life of sensitive produce.
- Avoid using whole melons that have visible signs of decay or damaged rinds (such as mechanical damage or cracking) due to the increased risk that harmful bacteria may have contaminated the melons.
- Wash the outer surface of the melon thoroughly under cold, running water. Scrub melons with a clean produce brush before cutting. Cut away any bruised or damaged areas before serving.
- Cover, date, and refrigerate cut cantaloupe. Use by the following day for best quality.
- Hold and serve cantaloupe at 41 °F. Do not store cut melon at room temperature. If possible, display cut melons in a refrigerated case, not just on top of ice. Take and record serving line temperatures.
- Discard cut cantaloupe after 2 hours in the temperature danger zone (41 °F to 135 °F).
- Check for ripeness by looking for the stem end to be hollowed inward or concave. The cantaloupe will yield to light pressure and have a sweet, musky aroma.

This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture, Food and Nutrition Service through an agreement with Institute of Child Nutrition at The University of Mississippi. The contents of this publication do not necessarily reflect the views or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. government. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights; Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

The University of Mississippi is an EEO/AA/TitleVI/Title IX/Section 504/ADA/ADEA Employer. © 2016. Institute of Child Nutrition. The University of Mississippi, School of Applied Sciences

Except as provided below, you may freely use the text and information contained in this document for non-profit or educational use with no cost to the participant for the training providing the following credit is included. These materials may not be incorporated into other websites or textbooks and may not be sold. The photographs and images in this document may be owned by third parties and used by The University of Mississippi under a licensing agreement. The University cannot, therefore, grant permission to use these images.



